



Haringey Council

Report for:	Health and Wellbeing Board – 30 September 2014	Item Number:	
Title:	Annual Public Health Report		
Report Authorised by:	Jeanelle de Gruchy, Director of Public Health		
Lead Officer:	Jeanelle De Gruchy, Director of Public Health		
Ward(s) affected: All	Report for Information		

1. Describe the issue under consideration

- 1.1 The Annual Public Health Report is the Director of Public Health's professional statement about the health of local communities, based on sound epidemiological evidence and interpreted objectively. The report should be publicly accessible.
- 1.2 The annual report is an important vehicle by which Directors of Public Health can identify key issues, flag up problems, report progress and, thereby, serve their local populations. It is also a key resource to inform local inter-agency action.
- 1.3 This year's report focuses on the Health and Wellbeing Strategy outcome: Improving mental health and wellbeing. It explores what we mean by 'wellbeing' and how this is linked to both our physical and mental health.

2. Cabinet Member introduction

- 2.1 Haringey has a high level of mental illness and that can impact on any sphere of life: family, employment, education or social interactions. Tackling this issue is a priority for the Council and I am pleased to introduce 2014 Annual Director's of Public Health report with the focus on mental health and wellbeing.
- 2.2 Improving mental health and wellbeing of local residents is everyone's business and can only be delivered if we work in partnership across the Council and



wider. It is good to note that a range of interventions offered locally are holistic and include joint work with education, housing, employment, leisure and planning.

3. Recommendations

- 3.1 The HWB is asked to note the Annual Public Health Report and planned local anti-stigma and mental wellbeing campaign for October 2014.

4. Alternative options considered

- 4.1 N/A

5. Background information

- 5.1 Good mental health and wellbeing is defined as a state in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community. This is why mental health and wellbeing has been highlighted as a local priority in the Health and Wellbeing Strategy 2012-15, Haringey's Corporate Plan 2013-15 and it is the focus of this year's Annual Public Health report.
- 5.2 Many factors affect our wellbeing positively and negatively such as our education, job and income, housing or experiences of crime. These factors are not spread equally across society; some have stronger support networks and links with their community; yet others are unfairly pushed to the edge of society because of poverty, or as a result of discrimination.
- 5.3 Low levels of wellbeing do not necessarily lead to the development of mental illness; likewise those with mental illness can recover and develop a positive state of wellbeing.
- 5.4 Poor mental health is extremely common; 1 in 4 people will experience a mental illness (mainly anxiety and depression) at some point in their lives. In Haringey, it is estimated that 34,500 people have a common mental health problem. About half will seek help from primary care (e.g. a GP), with only half of these having their illness recognised and diagnosed as a mental illness. This suggests that many residents are suffering with anxiety and depression without help or support from health services.
- 5.5 This year's Public Health Annual report is focusing on communicating messages that would engage all residents in Haringey, regardless of their mental health and wellbeing state. It is envisaged that the report will initiate open discussions about people's own mental health and wellbeing, promote early recognition of signs and symptoms and encourage people who need help to access most appropriate services.



- 5.6 The launch of the report will be followed by a local mental health and wellbeing campaign that is aiming to raise awareness on mental health and wellbeing, reduce stigma and discrimination and promote early help and access to a range of services tailored for varying needs of our diverse communities.
- 5.7 Our local campaign will start with a cycle ride on 6th October followed by a football match involving service users and mental health services staff on 8th October.
- 5.8 The Haringey Mayor will open 'Mind, Body, Art – facing the stigma' art exhibition at Wood Green Library on 9th October where service users will exhibit drawings, paintings, photos and computer generated images.
- 5.9 A Grand event celebrating mental health and wellbeing in Haringey is organised for World Mental Health Day, 10th October at 639 Enterprise Centre with musicians, singers, comedians, drama groups and stall exhibition.
- 5.10 Haringey Council will be signing the 'Time to Change' pledge that is focusing specifically on reducing mental health stigma and discrimination amongst the workforce, and will encourage partners to join them in this pledge.

6. Comments of the Chief Finance Officer and financial implications

- 6.1 There are no financial implications arising directly out of this report. Issues highlighted in the Annual Public Health Report will be incorporated into the development of the Council's Medium Term Financial Strategy. The local anti stigma campaign will be funded from within this year's public health grant.

7. Comments of the Assistant Director of Corporate Governance and legal implications

- 7.1 Under Section 73B (5) and (6) of the NHS Act 2006, the Director of Public Health has a statutory duty to publish an annual report on the health of the local population. The content and structure of the report is to be decided locally. The Council is required to publish the report.
- 7.2 Under Section 2B of the NHS Act 2006, the Council must take such steps as it considers appropriate for improving the health of the people in its area. The steps to be taken may include providing information and advice, providing services or facilities designed to promote healthy living and providing services or facilities for the prevention, diagnosis or treatment of illness."

8. Equalities and Community Cohesion Comments

- 8.1 The most disadvantaged sections of Haringey Community experience poor outcomes on those factors such as education, employment, income, housing



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etc, that affect wellbeing. These groups also experience a broad range of health inequalities including inequality in mental health which is the focus of this report. The measures set out in this report to tackle mental health will contribute to tackling this aspect of health inequality experienced within this group, most of whom share the characteristics protected by the Equality Act 2010.

9. Head of Procurement Comments

N/A

10. Policy Implication

10.1 Mental Health and Wellbeing is one of the Health and Wellbeing Strategy 2012-15 Outcome and is articulated as a priority in the Corporate Plan.

11. Use of Appendices

Appendix A: Annual Public Health Report

12. Local Government (Access to Information) Act 1985